

## MASSAGES

All massages can be scheduled 60 or 90 minutes

**CBD Therapeutic Massage-** This firmer pressure Swedish massage incorporates CBD oil to help increase relaxation, reduce inflammation, alleviate chronic pain and stimulate the release of endorphins.

**Swedish Massage -** Most common and best for relaxation. If it's your first time at the spa or you don't get massages very often, Swedish is perfect.

**Deep Tissue -** For deeper work and more pressure to get relief from muscle pain.

**Hot Stone -** Swedish massage enhanced by therapist using heated basalt stones as an extension of their hands to glide over the body, warming muscles and inducing a unique, comforting form of relaxation.

**Lavender Flower -** Enjoy your escape to a different world when you bring relief to tired, sore muscles and relax your mind and body with a calming essential oil blend of lavender.

**Neck, Back, & Shoulders – 60 min.** A concentration on upper body tightness and soreness.

**Neck, Back, & Shoulders CBD Massage– 30 min.** A targeted massage concentrating on the areas where we carry the most tension. A great lunch time escape

**Feet, Hands, Head – 60 min.** A concentration of the extremities.

**CBD Add-On Enhancement -** CBD Muscle recovery lotion provides fast, effective, targeted relief of muscle, joint and nerve pain. Can be added to any massage treatment

**Couples Massage -** Prices vary by massage service.

## SPECIALTY

**Reflexology – 30 or 60 min.** Alternative medicine involving application of pressure to the feet and hands with specific thumb, finger, and hand techniques without oil or lotion.

**Prenatal Massage -** This massage focuses on the areas that are aggravated most during pregnancy, while relaxing your entire body.

Using light pressure and long, smooth strokes to relax the muscles this massage is designed to bring a sense of comfort and well being for both you and your baby.

## WAXING SERVICES

Brow \* Lip \* Chin \* Lip/Chin Combo \* Under Arm \* Arm \* Leg  
Bikini \* Brazilian

## EYE LASH & BROW LIFTING/TINTING

Lash Tinting                      Lash Lifting  
Brow Tinting                      Lash Lifting & Tinting  
Lash/Brow Tinting Combo

## SPA POLICIES & PROCEDURES

**Scheduling-** We will make every effort to accommodate your requirements based on availability. We recommend scheduling your appointment as far in advance as possible.

**Notify the spa coordinator** of any allergies or sensitives to aromas or ingredients when you schedule your appointment.

**Check-In-** Please arrive at least 20 minutes prior to your first spa service. This allows time for check in, changing into robe and slippers, and filling out paperwork. Please remember that each appointment is reserved for you for a specific time; a late arrival may cause a modification of your service.

**Attire & Comfort-** A luxurious robe and slippers are provided for you while ta the spa. During your spa service the areas of the body not involved will be carefully draped.

Undergarments may be worn for your comfort with the exception of body treatments

**Gratuities-** In appreciation for outstanding service, gratuities may be given to the staff at your discretion. Groups of three or more people or multiple services will have a 20% gratuity automatically added to your bill for your convenience.

**The Sound of Silence-** Please turn off your cell phone upon check in. We ask that you speak quietly throughout the spa, particularly in the treatment area.

**Cancellations-** If you are unable to make your service we ask that you call at least 24 hours in advance to avoid being charged in full. Groups require a contract and deposit for services scheduled and a 10 day cancellation notice, Any appointment not rescheduled or canceled within the 10 day window will be charged at full price.



HISTORIC HOTELS  
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NATIONAL TRUST FOR HISTORIC PRESERVATION



**Open 7 days a week**

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## **BODY TREATMENTS**

### **SIGNATURE TREATMENTS**

Hydro Peptide Oxygen – 60 Min

Vitamin C, gentle exfoliants boost radiance for more even complexion.

Collagen Renew – 60 Min

Lift and sculpt, rejuvenating, contouring facial helps address loss volume and elasticity for maximum youth restoring results.

Hydrating Lactic Acid Peel-60 min.

This treatment is designed to gently and effectively exfoliate while simultaneously hydrating and brightening the skin. This complex treatment uses an advanced AHA complex that is gentle enough for your most sensitive skin types.

Healing Massage Ritual-90 min.

This all encompassing service uses a medley of massage techniques including reflexology, hot stone, Swedish massage and more. This treatment will be customized for you and your individual needs.

Shea Butter Scrub & Oatmeal Body Wrap- 90 min.

(Soothing/ Hydrating) Relax in the soothing comfort of oatmeal, coconut milk and vanilla. Organic and vegan shea butter, organic sunflower seed oil and organic evaporated cane juice crystals gently exfoliate leaving skin soft, smooth and glowing. Richly emollient oatmeal and coconut milk deliver vitamins and minerals to repair skin barriers and lock in moisture. An intensely soothing, ultra-hydrating and fragrance free body butter melts into dry skin for a luscious finish. The ultimate body treatment.

Kindred Therapeutic Body Treatment-90 min.

This body treatment uses an abundance of Kindred's 100% certified organic ingredients that will immerse your skin in nature. A magnesium and shea oil salt scrub will exfoliate dead skin, a clay mask will draw out impurities followed by an application of fast absorbing, nutrient packed essential oils that will lift your spirits and soothe your soul.

Sea Sanctuary Body Wrap-60 min.

(Antioxidant/Detoxing) Sail away to a relaxed state of mind as this sea-sational body wrap envelops your skin in natural, detoxifying benefits of the ocean. Sea silt, sea kelp and wheat grass deliver nourishing vitamins and minerals while removing impurities. Moroccan Lava Clay reduces dryness and flakiness. A slathering of body butter enriched with lemon grass, bergamot and coconut oil will drench your skin for 24 hours. Picture yourself relaxing to the sound of ocean waves breaking on the shore while rejuvenating and reclaiming more youthful skin

Garden of Eden Body Scrub-60 min

(Invigorating/Lustrous) Lose yourself in the tranquility of this Himalayan mountain pink salt scrub. Hand mined from deep within the Himalayas, these ancient salts along with cornflower, jasmine flowers and lavender buds exfoliate dry skin leaving it soft and smooth. Essential oils of lavender, geranium rose, palmarosa and cedar wood calm the senses while increasing circulation and flushing impurities from the skin. A formaldehyde and paraben free whipped butter rub down will be the final step in regaining the luster your skin once had.

### **NAIL SERVICES**

Hand & Foot Retreat – 120 min

For beautiful feet and calves, you will benefit from this soothing, nourishing treatment that exfoliates, relieves tensions and deeply hydrates. Massage, vitamin mask and pedicure will leave your feet and nails feeling healthy and relaxed, Finish with the polish of your choice.

Parafin Treatments

For soft and smooth hands & feet, you can add this to your nail appointment or as a stand alone service

#### **Classic Services**

Classic Manicure  
Shellac Manicure  
French Polish  
Polish Change Hands  
Parafin for Hands  
Express Mani  
Nail Clipping

Classic Pedicure  
Spa Hand Retreat  
Spa Foot Retreat  
Polish Change Feet  
Parafin for Feet  
Express Pedicure  
Nail Repair

### **FACIALS**

Kindred Organic Soothing Facial - 60 min. With nature as the inspiration, every flower and plant oil Kindred uses is a powerhouse of 100% certified organic botanicals. This facial reduces pore size, plumps and leaves skin richly hydrated. Clarifying Facial - 60 min. This treatment is designed to effectively remove the keratin buildup and reduce bacteria and acne lesions. Anti-inflammatory green tea mask delivers healing antioxidants while hydrating the skin. Calming Recovery – 60 min. Calming facial to address sensitivity concerns. Anti inflammatory botanicals and peptides work to balance skin and increase luminosity. Enzyme Facial w/Derma-planning - 45 min. An effective, gentler way to slough off dead skin cells. This facial cleanses, exfoliates and hydrates with the added bonus of derma-planning, allowing a deeper penetration of treatment products for an instant glow.

Anti-Aging CBD Facial - 60 min. This facial uses a potent blend of CBD and Vitamin C oils to defy the effects of dry, dull aging skin. CBD, with its anti-inflammatory properties helps to relax facial muscles resulting in smoother looking skin.

Back-cial - 60 min. It's a facial for your back. This skin treatment is specifically formulated for clogged pores, acne and dehydrated skin.

Fire & Ice - 60 min. This facial is designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated.

Honey Enzyme - 60 min. This luxurious, exfoliating and hydrating facial enhances skin with gentle massages and soothing hydration. Enjoy the warming sensation of the honey cleanser as you receive a lymphatic drainage massage. Regenerative Refresh 60 Min. Advanced peptide technology visibly improves skin elasticity, improves overall skin texture and tone.

### **HYDRAFACIALS**

Express - 30 min. For a quick skin refresh, this cleanses, exfoliates and hydrates delivering instant, noticeable results with no downtime.

Signature - 60 min. This is the foundational treatment, focusing on deep cleansing, exfoliation, extraction and hydration, using a super serum filled with antioxidants, peptides and hyaluronic acids.

Deluxe – 75 min. Builds upon the signature treatment by adding a personalized booster to address specific skin concerns, along with LED light therapy,

Platinum– 90 min. The most comprehensive option, encompassing all the elements of the deluxe treatment, plus lymphatic drainage for enhancing detoxification and contouring.



**MAKES**  
  
**SCENTS**  
 NATURAL SPA LINE



## PRICE MENU

### SIGNATURE TREATMENTS

Hydro Oxygen Facial	60 Minutes	\$175
Collagen Renew	75 Minutes	\$175
Hydrating Lactic Acid Peel	60 Minutes	\$125
Healing Massage Ritual	90 Minutes	\$145
Shea Butter Scrub/Oatmeal Wrap	90 Minutes	\$150
Kindred Therapeutic Body Treatment	90 Minutes	\$150

### HYDRAFACIAL

Express Hydrafacial	30 Minutes	\$160
Signature Hydrafacial	60 Minutes	\$225
Deluxe Hydrafacial	75 Minutes	\$250
Platinum Hydrafacial w/Dermaplaning	90 Minutes	\$310

### BODY TREATMENTS

Sea Sanctuary Body Wrap	60 Minutes	\$105
Garden of Eden Body Scrub	60 Minutes	\$105

### MASSAGES

	60 Minutes	90 Minutes
CBD	\$135	\$160
Swedish	\$105	\$120
Deep Tissue	\$130	\$175
Hot Stone	\$130	\$175
Lavender Flower	\$115	\$140
Expectant Mother	\$125	\$155
Neck/Back/Shoulders	\$105	N/A
Feet/Hands/Head	\$105	N/A
Reflexology	\$105	N/A
Add to any massage: CBD Cream		\$25

### 30 MINUTE TREATMENTS

Reflexology	\$60
Neck Back Shoulders CBD	\$70

**Facials/Nails/Waxing/For Him on Back**

### HOURS

**By appointments only**

Call 302-888-4205 to book your appointment  
 Prices are subject to change without notice



## FACIALS

Anti-Aging CBD Facial	60 Minutes	\$135
Kindred Organic Soothing Facial	60 Minutes	\$125
Calming Recovery	60 Minute	\$145
Clarifying	60 Minutes	\$105
Enzyme Facial w/Dermaplaning	60 Minutes	\$145
Regenerative Refresh	60 Minutes	\$105
Back-ial	60 Minutes	\$105
Dermaplaning Add On		\$ 40
30 Minute Add On to Another Service	30 Minutes	\$75

\*\*\*\*Couples Facials available- prices varies by service

## NAILS

Classic Manicure	\$28	French Polish Upgrade	\$12
Shellac Manicure	\$38	Spa Hand Retreat	\$50
Classic Pedicure	\$50	Spa Foot Retreat	\$70
Polish Change Hands	\$15	Polish Change Feet	\$20
Shellac Polish Removal	\$18	Hands /Feet	\$15

## PARAFIN

Softens and Smooths skin

Hand Treatment	\$15	Foot Treatment	\$22
Combo Hand & Feet	\$30		

## WAXING

	Starting At		Starting At
Brow	\$20	Bikini	\$50
Lip	\$15	Bikini w/half leg	\$85
Chin	\$15	Bikini w/full leg	\$105
Chin/Lip Combo	\$25	Brazilian	\$66
Full Leg	\$85	Half Leg	\$45
Full Arm	\$35	Forearm	\$25
Under Arm	\$25		

## TINTING

Lashes	\$30	Brow/Lash Combo	\$45
Brow	\$25		

## FOR HIM

		Starting At	
Gentleman's Facial	\$105	Back Waxing	\$60
Hand Retreat for Him	\$50	Back & Chest	\$80
Feet Retreat for Him	\$70		